

Staffordshire Health and Wellbeing Board	
Title	Local Transformation Plan for Children and Young People's Mental Health Services
Date	8 th March 2018
Board Sponsor	Helen Riley
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Report type	For Decision

Summary

NHS England requires CCGs to submit a refreshed version of the Local Transformation Plan (LTP) for the development of Child and Adolescent Mental Health Services (CAMHS) within their localities. This is an annual requirement & must include verification that the Health and Well-being Board have signed off the final submission.

Recommendations to the Board

The Board is asked to approve the updated Local Transformation Plan which sets out the progress to date and the plans to meet the national guidance as set out in the NHS and Local Government policy document – “Future in Mind.”

Background / Introduction

In 2015 NHSE England initiated a process of transformation for CAMHS provision associated with the strategy document-“Future in Mind.” There were specific requirements for NHS commissioning organisations including the development of crisis/intensive support services, the development of eating disorder services, workforce development & meeting national targets for the expansion of mental health/emotional wellbeing services to a larger number of children & young people. These plans formed the Local Transformation Plan, which was developed in 2015/16.

The developments were supported by indicative financial allocations to CCGs to achieve the core goals of transformation by 2020/21. Achieving the goals of transformation required a whole systems approach with robust partnership arrangements with a range of other public sector & third sector organisations- including local authorities & education providers.

The LTP is updated and refreshed on an annual basis and must be published on the CCG websites indicating local progress against the key national targets.

The organisational footprint for delivery in this area aligns with that of the Sustainability and Transformation Plan hence our local partnership includes all Staffordshire CCGs plus Stoke on Trent CCG.

The current LTP is also based on the existing Emotional Well-Being Strategies which run to 2018. Transformation funding has enabled a far wider approach to be taken to developing comprehensive services for children and young people and to transform models of care, whilst at the same time ensuring provision that works well

is recognised, protected and expanded. The plan to date has been based on an incremental approach but partners now wish to undertake a fundamental review to develop a vision and plan to 2020/21. This will include full consultation with all stakeholders.

The table below summarises progress to date and the plans we wish to put in place to achieve the further improvements required up to 2021.

LTP Progress and ambition to 2021-Our Road Map

2015/16	<ul style="list-style-type: none"> • Initial analysis of local need • Initiate intensive support development • Eating disorder service commissioned • Review participation service. • Progress Children and Young People Improving Access to Psychological Therapies developments • Support to Tier 2 • School based programmes piloted
2016/17	<ul style="list-style-type: none"> • NICE compliant eating disorder service commences • Establish first stage intensive support service (South Staffs) • School based programmes (Hope Project in South Staffs) in place & effectiveness reviewed. • Address CQC requirements of North Staffs CAMHS provider. • Improve access and reduce waiting times (North Staffs) • Revised participation programme in place-within non-statutory sector • Initiate neuro-psychiatry service in South Staffordshire. • Joint work with NHSE regarding Tier 4 reductions • Outcome monitoring for therapeutic interventions in place through Children and Young People Improving Access to Psychological Therapies Programme(CYPIAPT) • Workforce plans developed
2017/18	<ul style="list-style-type: none"> • Extension of eating disorder service in South Staffs to address need. • Full recruitment to eating disorder service in northern Staffs. • 0-5 service in East Staffordshire to commence. • Review of mental health needs of Looked After Children commenced-with Staffordshire County Council • Update/revise Joint Strategic Needs Assessment - in-depth deep dive on mental health with a particularly focus at the lower end of the spectrum and centre on root causes (e.g. social isolation, health and debt). • Response to Green Paper/address the needs of schools for emotional wellbeing services • CYP MH Services and Schools Link Pilot Wave 2. Expressions of Interest for Staffordshire and Stoke to work with the Anna Freud Centre for Children and Families (AFCCF) and the Department for Education to help CCGs and LAs work together with schools and

	<p>colleges to provide timely mental health support to children and young people have been successful.</p> <ul style="list-style-type: none"> • Transitions to Adult Mental Health. -CQUIN NHS contractual requirement • IAPT trainees supported • Collaborative work with NHSE regarding Tier 4 admission reduction, transitions to Adult Mental Health • Increase numbers of children and young people accessing emotional resilience programmes in school • Psychological Wellbeing Practitioner programme initiated & reviewed. (South Staffs) • Health and justice programme commences • Third sector transformation programme commences • Development of dynamic risk registers for children and young people with a disability at risk of admission. • Mental Health Services and Schools Link Programme delivered
2018/19	<ul style="list-style-type: none"> • STP footprint strategy developed. • Work towards implementation of Thrive model • Deliver improved care pathway for children with Autistic Spectrum Disorders within CAMHS. • Extension of intensive support service in South Staffs and development of service in northern Staffs. • Ensure Third Sector data is reflected in overall performance data. • Review access of children to early intervention in psychosis service • Consideration of self-referral options • Single point of access reviewed. • Re-procurement of CAMHS support to Looked After Children (Staffordshire only) • Collaborative commissioning with NHSE based on new model of Tier 4 provision-stronger links to community teams. Implement collaborative commissioning plan with NHSE • Ensure appropriate and timely responses to Children and Young People presenting at Accident and Emergency those presenting out of area. • All age 24/7 acute psychiatric liaison developed. • Implement plan for effective transitions from CAMHS to adult mental health • Data quality improvement programme • ASD service re-procurement (South Staffs) • Intensive support for children with a learning disability
2019/20	<ul style="list-style-type: none"> • Review access to CAMHS for disadvantaged groups-BEM, LGBT, asylum seekers, children subject to sexual exploitation & early year's trauma-ensure comprehensive service offer. • Workforce requirements reviewed-future capacity planning & engagement with CYP-IAPT • Incremental application of Thrive model

2020/21	<ul style="list-style-type: none"> • 24/7 out of hours provision in place • Digital offer in place. • Access targets met • Eating disorder service access targets met. • Robust school based programmes of support in place-including links to community CAMHS. • Community based crisis and intensive support fully in place to prevent admission where possible and to avoid young people being placed long distances from home. • Thrive model embedded • Consistent model across STP footprint • Children and young people will be able to access services in a timely manner, receive evidence based interventions and have a positive experience of care.
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What do you want the Health and Wellbeing Board to do about it?

The Board is asked to approve the updated and refreshed LTP for Staffordshire & Stoke on Trent and to note the plans for updating the Emotional Wellbeing Strategies for children and young people.